



ULTIMATE **HOME** **REFRESH:**

Guide For a Fresh and Cozy
Environment



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Abstract

Refreshing your home in Perth can be challenging, especially without the right knowledge and guidance. Many homeowners make common mistakes that can lead to more work and frustration. This video provides expert advice and practical tips to help you avoid these pitfalls and successfully refresh your living space. From choosing the right cleaning products to tackling tough spots, you'll learn how to efficiently maintain a clean and inviting home. Whether you're looking to deep clean or simply refresh your space, this video will equip you with the tools and know-how to get the job done right in Perth.

1. Introduction

Transforming your home in Perth into a fresh and cozy environment requires the right approach and techniques. Our "Ultimate Home Refresh: Guide for a Fresh and Cozy Environment" offers practical tips and expert advice tailored to Perth's unique climate and lifestyle. Learn how to declutter, deep clean, and update your living space to create a welcoming atmosphere that reflects your personal style. From seasonal cleaning routines to selecting the right décor, this guide provides everything you need to maintain a comfortable and inviting home in Perth. Perfect for anyone looking to refresh their space with ease and efficiency.

2. Pro-Approved Ways to Refresh Your Kitchen If You Hate How It Look

If you're looking to redo your current kitchen space because you no longer like how it looks, don't panic because there are many easy and budget-friendly ways to add major character and charm to your kitchen without diving into a full-on project.

Below, we asked three interior designers to share their six favorite hacks for making over the kitchen, addressing everywhere from the floors to the windows.

Add Color and Personality Using Plates

Plates serve a utilitarian purpose in the kitchen, but they can also function as decor as well, Emily Janak, the founder of Emily Janak Interiors, says.

"I love adding plate hangers and hanging plates on backsplashes or over ranges," she says.

Whether you choose to display a collection of matching China or curate an eclectic mix of plates with different patterns is up to you. Plates are easy to source affordably at thrift and antique stores, and plate walls will never go out of style.

Set a Warm Ambiance

If your kitchen isn't cozy enough for your liking, you can easily change this issue by bringing in a cordless lamp. There are so many great styles of affordable, rechargeable lamps on the market that complement a range of aesthetics. Place one on your counter or island so that you're not always relying on harsh overhead lighting.



Paint the Floors

If you have hardwood floors in the kitchen, consider painting them. Janak personally loves doing this to add more personality.

"Kitchens are often a space where you can define the floor from other rooms," she says.

Keep in mind that if you're a renter who cannot take a paintbrush to the floors, you can consider peel-and-stick tiles as an alternative. Whether you crave a checkerboard pattern or another type of design, this is a nice way to add your own spin to the kitchen while knowing that you can easily remove everything damage-free at the end of your lease.

Install Window Treatments

If you think nice curtains are just for the bedroom or living room, think again. Andrea Marino, the founder of Andrea Marino Design, explains how window treatments can instantly elevate any space and are very simple additions.

"Add a buffet curtain for some charm and softness or a Roman shade for a more classic look," Marino says. Feel free to have fun with color and pattern and bring on the visual interest with trim as well, Marino suggests.

Try a Custom Range Cover

Marino considers adding a custom range cover to be a transformative addition to any kitchen.

"Rather than focusing on changing something on a large scale, this one item can add so much personality," she says.

The designer recommends opting for a unique shape or an accent metal finish. There is truly an option for everyone, regardless if your style leans more grandmillennial or modern and edgy. In a client's kitchen, Marino has even installed a scalloped range hood which brought instant charm and is one of her favorite designs yet.

Swap Your Hardware

Last but not least, an extremely simple yet impactful kitchen makeover hack is to swap out your cabinet hardware. After all, builder-grade drawer pulls may be too bland and not add any major style to your cooking space.

"You would be surprised to see the difference that amazing hardware can make," Beth Diana Smith, the founder of Beth Diana Smith Interior Design, says.

Cabinet hardware is easy to purchase online via Amazon, Etsy, and other retailers. If you're renting, be sure to keep the original drawer pulls somewhere safe so that you can quickly replace them before moving out.

Most often, we see brass, silver, or brass hardware in the kitchen, but you can think outside the box and opt for pulls that are colorful and unexpected to create a bold statement. Consider mixing various shapes and metal finishes to bring more texture into your kitchen space.

3. Easy Low-Cost Bedroom Updates to Refresh Your Relaxing Retreat

You deserve the perfect bedroom. Our budget-friendly updates will add the style you need.

If your bedroom's lack of style puts you to sleep, revamp the look with these easy ideas. Our roundup of simple, affordable bedroom updates will give your space plenty of personality, comfort, and function. Don't skimp on design in your favorite place to escape from it all!

Bring Color to the Bedroom

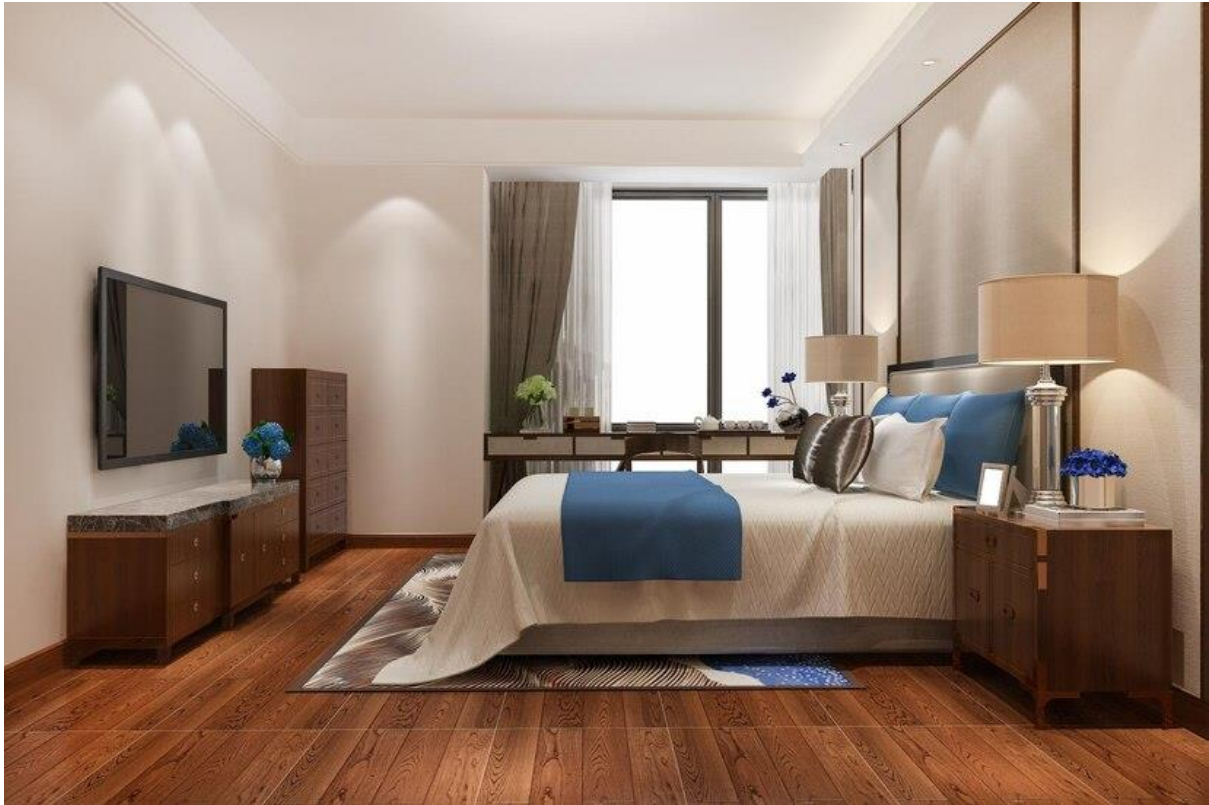
If you keep your bedroom's walls and furniture neutral, adding bursts of color whenever and wherever you wish is easy. Pick one or two colors you love, then repeat the hues in vibrant artwork, bold bedding, and colorful accents. Here, a green duvet, red throw blanket, and colorful pillows energize the otherwise neutral space.

Incorporate Textures

An easy bedroom update is to alter the texture with a change of linens; use a furry throw in winter and a cotton throw in summer. There are textures to suit any taste. Here are a few to consider for your bedroom style:

Traditional: Hand-tufted rugs, woven wools, tooled silver, cut crystal, gilded frames, silk, china, and polished wood.

Country: Braided rugs, worn wood, rusted metals, chenille spreads, ironstone pottery, blown glass, and ticking.



Romantic: Velvet, furry throws, crystal prisms, embroidered fabrics, lace, painted furniture, and hand-hooked rugs.

Modern: Laminated-plywood furniture, plastic, smooth leather, stainless steel, terrazzo flooring, and teak.

Switch Out Accent Pillows

Accent pillows let you quickly alter the personality of a room and shift the balance of color. They're especially impactful in a bedroom because the bed is a natural focal point. Pillows can update a room instantly by adding volume, pattern, texture, color, and personality. Here, a subtle cream backdrop is brought into focus with lively pillows.

Try Bold New Bed Linens

Nothing looks and feels fresher in a bedroom than new bedding. If you love the idea of new bedding but are short on storage space for bulky comforters and quilts, consider a duvet, switching out the duvet cover every season for a quick bedroom update. Here, shiplap walls work well with navy blue bedding and drapes and warm red accents.

Add Pattern for a Bedroom Update

Pattern, like color, exerts an emotional pull that can jumpstart a decorating style. Whether you gravitate toward crisp stripes, bold florals, or classic toile, adding patterns is a bedroom update that can liven up a space. Add a dash of pattern to a neutral room by draping an attractive duvet or quilt across the foot of the bed.

Paint (or Paper) the Ceiling

Here's a quick and easy bedroom update that will create coziness in your bedroom: Paint the ceiling the same color as your walls. The room feels smaller and more intimate without a visual break between the ceiling and walls. Or make a graphic statement with patterned wallpaper on the ceiling.

Built-In Beauty

Elevate your bedroom's style with molding. It's easier than you may think to install a molding frame along a wall and paint it all a uniform color. Another tip for creating a sophisticated bedroom style is installing window treatments 6-8 inches above the window's height and letting the draperies hang to the floor. This is a quick way to add drama to a ho-hum room.

Mix and Match

A playful mix of geometric shapes is a bedroom update that adds interest to this primary bedroom. A sunburst mirror breaks through the rhythmic lines of a chevron pattern on the wall and mimics the circular pattern on the bedspread. Bright red triangles on the decorative pillows add an unexpected touch of color to the serene scheme.

Embrace Your Hobby

Refresh your room with images and artifacts that speak to your personality. Whether you love bird-watching or hiking in the mountains, include your passion project in your bedroom update. In this teen bedroom, skateboards hang above the headboard as a tribute to a favorite hobby.

Vintage Refresh

Blend new and old with this bedroom update idea, using a clever combo of vintage decor and modern fixtures. Handmade quilts and applique designs give a charming nod to nostalgia. Layer with a mix of decorative pillows, then add a sleek lamp or side table to bring the look back to the future.

Take a Seat

No space in the primary bedroom for a separate sitting area? No problem! Arrange a bench or small loveseat at the end of the bed. More than just a place to perch when pulling on your shoes, a seat at the end of the bed gives you more flexibility with your design. Mix and match decorative pillows and throws on the bed and the seating.

Dreamy Scene

Create a sweet spot where a kid will truly love to retreat. Tucking a twin bed—with storage below—into a corner is a space saver and replicates the cozy feel of a daybed. Stack pillows in the corner to create a welcoming spot to read or listen to music. A sheer canopy hung from the ceiling creates a whimsical look that will make their room feel extra special.

Update the Headboard

bedroom with decorative headboard

A dramatic headboard can have an immediate impact. You'll find headboards available at all price points, but consider customizing your existing headboard or using an unexpected

salvaged piece for a low-cost option. Here, new fabric covers an existing headboard for a DIY update.



Add Pattern to a Select Spot

A quick bedroom update is to panel a single wall or update it with wallpaper or a stencil. It's a surefire way to call attention to a seating area or to add a pattern without the expense of papering an entire room or taking the time to stencil. Complement an accent wall with subdued tones on the other walls.

Bring In the Right Amount of Light

General overhead lighting is less important in bedrooms. Instead, focus on bedside lamps and other sources of accent lighting as an easy-to-do bedroom update for an inviting, comforting retreat. Of course, the type of light makes a difference—something as simple as replacing an old light bulb with a warm-spectrum fluorescent might provide the freshness your bedroom needs.

Update Window Treatments

To set a mood, use draperies and classic swags for a formal look, curtains and shades for an informal look, and simple blinds for contemporary appeal. Consider room-darkening or insulated lining, depending on what your needs are. Here, striped curtains play off the traditional pattern of the upholstered headboard and board-and-batten wall treatment.

Add Architectural Detail

Trim, molding, and wainscoting can be combined or used alone, offering nearly endless design options. Depending on the style of the room, the effect may be casual or formal, rustic or

defined, traditional or contemporary. But in every case, millwork surface treatments can add charm and texture to a room. For example, here, in what started as a cookie-cutter bedroom, classic flat-panel wainscoting adds structural appeal to a long expanse of wall. Combined with the light wall color, the effect is subtle yet satisfying.

Try a New Direction

For a bedroom update that won't cost a dime, angle the bed from a corner. If your present headboard looks too bulky for this arrangement, replace it with a salvaged iron gate or a shorter upholstered panel. A petite side table fits nicely next to the bed, providing a place to hold bedtime reading materials without taking up too much space.

4. Home Decor Ideas To Refresh Your Home Without Renovating

Spending a lot of time at home has activated a dormant decorating gene in many of us—and we have the shelfies and Pinterest boards to prove it. Still, even the most Instagram-ready rooms can benefit from a reboot every so often to bring new energy to familiar surroundings. Fortunately for renters and those of us who don't have the time, budget or power tool prowess required of a large scale renovation, there are plenty of no demo home decor ideas for updating your space that won't leave a trail of dust behind and can be easily switched up should you crave another change soon.

Reorienting your furniture, sprucing up your walls, adding dramatic accents (minus any drilling) and drawing the eye to unused areas can change the flow of a room and lead to a whole new look. Here, 12 easy ideas to help renew your living spaces.

Transform Your Walls

Install A (Movable) Wall Mural

This highly-rated wall mural is easy to apply—it's backed with an adhesive that sticks smoothly to your wall, and later removes in strips that won't take off your paint. Designed to cover 81 square feet, the botanical landscape brings a blank, boring wall to life, whether in your bedroom or living room.

Hang Oversized Artwork in Pairs

Just changing the scale and symmetry of the artwork you display can dramatically shift the vibe of a room. Minted sells oversized prints in pairs, like this stunning set, along with others from independent artists that look great side by side.

Add A Backsplash Instantly

This peel-and-stick backsplash has racked up more than 1,000 reviews on Amazon for being easy to install and durable. It has a stay-put adhesive and waterproof finish, and comes in 12-inch by 12-inch sheets that you can cut to size to create the look of tiles in your kitchen or bathroom.



Change The Scene With Mirrors

Floor-length mirrors reflect light into your space and also make any room feel bigger by creating the illusion of depth. Go for a curvy shape, which adds a visual pop and contrasts against the straight lines of furniture and other pieces in your surroundings.

Switch Up Your Lighting

Hang Plug-In Pendants In Unexpected Places

Overhead pendants look beautiful and help define a space but can be difficult to install on a whim. This plug-in version from George Oliver solves that problem thanks to a swag hook so you can position it anywhere. Rather than placing the pendant directly over a sofa or dining room table, consider less obvious spots, such as the corners of a room or near the windows to create a reading or hang-out nook.

Cast An Atmospheric Glow

Inexpensive light projectors work remarkably well to bathe your surroundings in soft tones that really change the mood of a room (and make for great Instagram shots). The Balkwan projector comes in three different hues (sunset red, sky twilight and rainbow purple) and has a head that can be rotated 90 degrees for different lighting angles.

Conquer And Divide Interior Spaces

Go For Modular Furniture You Can Rearrange Easily

This modular sofa is designed with pieces that can be pulled together or apart to create different seating arrangements, which can change the orientation—and flow—of your living or family room without having to buy multiple items of furniture

Partition A Room With Bookcases

When you can't put up walls or hang sliding doors, a two-sided bookcase is a creative—and sculptural—way to visually divide a room and create separate zones (for eating, sleeping, studying).

Artfully Conceal With Room Screens

Modem and cable wires, air conditioning units, old radiators...a chic paneled screen hides what you don't want to see in a room so you can focus on the more appealing aspects. While you can find a lot of cheaper options, West Elm's Tiered Cecilia Screen is well made and sturdy so it stands firmly in place and comes in a selection of beautiful fabrics.

Create A Focal Point With Oversized Greenery

Tall potted plants and trees draw the eye up, which can make a small room seem larger and more expansive. Nearly Natural's travelers palms go up to eight and a half feet tall (see the giant version here) and look very realistic—to the point where guests will ask how often you have to water your plants.

Dress Up Your Floors

Redo Surfaces With Peel-and-Stick Tiles

Redoing your floors can be a huge investment and headache, but these peel-and-stick floor tiles are a smart alternative. Ideal for small spaces—like a bathroom, laundry room or entry way—the tiles are thick enough to hold up well over time and are easy to cut and lay down, which has earned them 1,000-plus five-star reviews on Amazon

Stencil Your Floors

Of all the pandemic home projects that have populated Instagram, here's one that doesn't require professional skills and can be done on a weekend: Stenciling your tiles or floors adds a geometric accent that elevates your surroundings. This graphic pattern has been purchased more than 75,000 times on Etsy and gets high marks for being versatile enough to use on everything from kitchen floors to stairway surfaces.

5. Easy Ways to Make Your House Smell Amazing

Sure, fresh flowers can help a room smell lovely, but what about the rest of the house? That's where these brilliant shortcuts come in.

How to make your house smell good

The coziest homes smell amazing the second you walk into them. Even though you might think your home is cozy, you might be nose blind to the smells that have accumulated. After you vacuum and dust there can still be lingering smells and knowing how to get rid of fish smells and how to clean smelly shoes can really come in handy to make sure those unpleasant odors are gone for good. Also, if you have a furry friend running around, you're probably all too familiar with the products that help with pet odor removal.



Get oven-fresh smells without baking

Fresh-baked cookies and pies smell amazing, but you don't need to make an entire recipe to fill your home with a warm scent. Brainstorming how to make your house smell good? Pour a teaspoon or two of ground cinnamon and cloves on a baking sheet. Leave it inside a 200°F oven for half an hour, keeping the door ajar. You'll fill your home with a lovely spicy scent.

Use dryer sheets

Tape a new dryer sheet, like these Lavender and Vanilla Bean ones from Downy, to the back of your dresser to make your underwear drawer smell fresher. You can also tuck some sheets behind curtains or under chairs.

Make fridge fragrance

You already know baking soda can neutralize fridge odors, but here's a new trick: Dampen a cotton ball with vanilla extract and leave it on a refrigerator shelf to add a pleasantly sweet fragrance. You could also try dabbing lemon juice on the cotton ball instead.

Put food scraps to use

An unfortunate side effect of garbage disposals is that they can start to smell like, well, garbage. If you're wondering how to make your house smell good, just toss leftover orange or lemon peels down the drain. Do it once a month to keep things smelling fresh.

Or try salt

No citrus peels? No problem. Dump half a cup of salt into the disposal, then turn on the disposal while running cold water. The salt will dislodge any waste stuck inside while neutralizing their odors.

Try a stovetop fragrance

You can make your own home fragrance without shelling out for expensive candles or diffusers. Add several lemon and orange peels to a cup or two of water, then let it simmer for a few hours, adding water as needed. You'll freshen the air and the pot in one step. You could also try this trick with a handful of cloves, keeping it simmering for half an hour.

Take an extra-luxurious shower

Tie a few eucalyptus branches together, then hang them on your showerhead, behind the stream of water. Your steamy shower will release the aromatic oils, giving you an invigorating wash time, according to blogger One Good Thing By Jillee. Eucalyptus oils can help with respiratory issues like asthma, colds, and sinusitis, so try this next time you're sick. The scent will stay fresh for about a week.

Flip a switch for scent

Steal this old realtors' trick: Turn off your lights until the bulbs are cool. Now place a couple of drops of vanilla extract on your light bulbs. When you flip the lights on, the heat will gently spread the scent and make your home smell like fresh-baked cookies. This works better with incandescent bulbs, which get hotter than CFL bulbs.

Catch fridge drips

Drips from bottles and containers can leave funky-smelling residue on the shelves of your fridge. To keep it contained, leave a plastic lid under each container to act as a coaster and catch the drips. Once they start getting dirty, you can easily toss them in the dishwasher to clean the mess without scrubbing.

Get the stench out of plastic containers

Tomato juice is a surprising solution when soap and water won't get the smell of last week's dinner off plastic containers. You can also use it to wipe down a foul-smelling fridge.

Make it lemony fresh

Cut a couple of lemons in half, then place them cut-side-up in a dish. Leave the dish near a litter box or in a bathroom to give the room a lemon-fresh scent.

Freshen a freezer failure

When a power outage makes your freezer stop working, you could be left with the smell of spoiled food. Get rid of the scent by pouring fresh coffee grounds—even used ones will do the trick—in the freezer overnight.



De-stink your garbage

To keep nasty garbage odors at bay, sprinkle a bit of baking soda or borax in the bottom of your trash can. The crystals will help neutralize the smell of those kitchen scraps. Replace the powder every time you take out the trash.

Don't light every candle

No need to light the wick to get the yummy-smelling benefits of a candle. Leaving a few in unexpected spots will give you a pleasant greeting. "Try the linen closet, or anywhere fabrics might live and be able to absorb the scent," interior designer Dee Murphy told Good Housekeeping. "Not only do you get a nice surprise every time you open the door, but your linens will carry the aroma with them wherever you use them."

Let your vacuum do double-duty cleaning

How to make your house smell good and do the floors at the same time? Soak a cotton ball with your favorite perfume, then drop it into the vacuum cleaner bag. As you do your regular chores, the vacuum will gently release the scent into the room.

6. Seasonal Cleaning: Guide To Refreshing Your Home Throughout The Year

Maintaining a clean, allergy-free, hygienic home all year round requires a lot of elbow grease and a strict cleaning routine. It is important to understand each season brings its own set of dust, dirt, pollen, and mould spores.

In Perth, spring is the season of renewal. That means households choose this time to refresh their home to prevent the spread of flu and respiratory infections. But you must pay attention to other seasons as well. This will promote a hygienic indoor environment. That's where seasonal cleaning comes into play.

Creating customised checklists depending on different seasons, including spring, summer, fall, and winter, can help you reduce allergy symptoms from your home.

Seasonal cleaning can also reduce the stress when performing a budget vacate cleaning Perth and help you secure full bond money.

So, look at the following seasonal cleaning guide and keep your home refreshed throughout the year. Make sure you use eco-friendly products and tools to keep chemicals and their health hazards at bay.

Let's Get Started!

Summer Cleaning Guide

Summers in Perth, Western Australia, means brighter and longer days. This is the perfect season for bike rides, picnics and hiking. During the summer season, people keep their windows open for fresh air. This can settle dust and dirt on hard surfaces and carpets. Plus, your home becomes prone to mould infestation. So, here is a checklist to keep your house clean in this particular season.

Clean the Backyard

Use the pressure-washing method to deep clean your home like a pro. Get rid of stubborn stains, grime, and gunk from concrete surfaces and decks. Also, wipe down your patio furniture.

De-grease Your BBQ

Do not forget to clean your BBQ to prevent the buildup of grease, food particles and fire hazards. Use baking soda to scrub drip pans, grills and ashtrays.

Clean your windows

Keep your windows clean inside and out using natural cleaners, such as white vinegar. Use a rubber squeegee to achieve streak-free windows to promote natural ventilation.

Kill Mould and Pests

Summer usually welcomes unwanted guests, such as pests and mould. Check for humid areas in your home and use hydrogen peroxide to kill mould and mildew from bathroom walls, curtains, under the sink, etc. Make sure you find the source of water damage and fix the issue before the arrival of professional vacate cleaners in Perth if running at the end of your tenancy.

Deep Clean Your Carpets

Carpets take a lot of wear and tear every season, especially in summer. So, use a steam cleaner to keep your carpet and rugs sparkling. This will remove stubborn stains, grime, grease, germs and bad odours without causing any discolouration. Some of the other important tasks are:

Scrub and disinfect your toilet

Mop bathroom floors

Clean Air filters

Clean drapes

Unclog kitchen and bathroom drains



Fall Cleaning Guide

While spring cleaning gets the entire hype, the fall season in Perth offers a great opportunity to prep your home for cosy winters. Make sure you:

Empty your fridge and get rid of leftover food and expired items

Clean all your kitchen appliances

Wipe down wood kitchen cabinets, cupboards and drawers

Scrub your stovetop using baking soda

Dust bookshelves, ceiling fans and picture frames

Clean bedding to get rid of dust mites and germs

Clean your patio area

However, if you are at the end of your tenancy, book professionals for a detailed vacate cleaning Perth. They follow a pre-approved to cover all rooms and important areas to help you secure full bond money.

Winter Cleaning Guide

De-cluttering and cleaning can boost your mood during the winter season. A tidy space can feel relaxed and organised, fostering peace of mind and a sense of control. The checklist includes:

Move warmer clothes to the front closet

Clean your mudroom

Vacuum your upholstery, carpets and rugs

Wipe down door handles, TV remotes, light switches, and other important areas to prevent the spread of germs.

Clean dryer vents

Clean kitchen cabinets

Seal cracks to prevent pest infestation.

A Spring Cleaning Guide For Your Home

After the long spell of chilled winters, prepare your home for a pleasant spring season. It is because this season attracts plant pollen, bugs, dead leaves, dust mites and other allergens into the home. This can pollute indoor air and lead to various health problems. So, it is important to begin the process with the following tasks to freshen up your home:

De-clutter Your Home

This is the best season to de-clutter your home. Inspect your rooms, cabinets and storage units to purge household items you no longer need. You can donate old items, such as books, outdated furniture, clothing, blankets etc to the local charity. De-cluttering can prevent dust accumulation and mould infestation throughout the season.

Tackle Dust and Other Allergens

It is always good to start from the top, such as ceiling fans, walls, and light fixtures and make your way down towards windows, baseboards, carpets and floors. Take a damp cloth to fetch dust particles, pollen, dirt, pet hair and other allergens from hard surfaces. You can vacuum your carpets and rugs thoroughly.

Wash Windows inside and out

Remove blinds or curtains to deep clean your windows because they were closed during winter. So, take a vacuum cleaner to remove accumulated dust and debris from sills and corners. Wipe down the frames and panes using a microfiber cloth. You can use a white vinegar solution to remove smudges, bird droppings and grime from your window frames.

Replace Air Vent Filters

You can either clean the filters of your HVAC system or replace it with a new one. This can prevent dust particles and other allergens while promoting quality indoor air.



Clean Your Lawn and Patio Area

Make sure you remove leaves, litter, fallen limbs and other organic dirt from your lawn. Also, wipe down your patio furniture using proper products. You can also hire professionals for a quality spring cleaning Perth to keep your house free from germs and allergens.

This guide will help you spruce up your home each season. So, arrange your cleaning supplies and eco-friendly products to keep your abode clean, germ-free and refreshed throughout the year.

7. Conclusion

In conclusion, maintaining a fresh and cozy home environment in Perth requires thoughtful planning and regular upkeep. By following the tips outlined in this guide, you can efficiently refresh your living space, ensuring it remains welcoming and comfortable year-round. Embrace these strategies to create a harmonious home that reflects your style and enhances your daily living experience. Your ideal home is just a few steps away.

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